

Weigh-In Sheet Verification

To all CWOA members,

It is very important the official(s) conducting weigh-in check each teams weigh-in sheet to ***verify the appropriate pound(s) allowance is indicated***. The allowance information is indicated within the top header of the weigh-in sheet.

The Eligible Weight Class (EWC) for each competitor is calculated by comparing the descent plan weight (EWW) to the qualifying weight for each weight class. If an incorrect allowance has been entered on the weigh-in sheet the EWC for certain competitors may be incorrect because the qualifying weight is incorrect. For example- Wrestler A has a EWW of 113.8 lbs. thus qualifying wrestler A for the 120 lb. weight class (with a zero pound allowance). However, if a one pound allowance for consecutive day's competition has incorrectly been entered by the coach, the qualifying weight is now 114 lbs. and the weigh-in sheet will incorrectly indicate the wrestler weighing 113.8 lbs. is eligible for (EWC) the 113 lb. weight class.

Additionally, all weigh-ins must be conducted using the weigh-in sheet that indicates the Eligible Weight Class for each wrestler. No wrestler may wrestle a weight lower than the EWC indicated for that wrestler on the weigh-in sheet.

Reminder- If a wrestler is not listed on the weigh-in sheet they cannot weigh-in unless the coaching staff provides an updated weigh-in sheet with the wrestler listed, or can show you via electronic device an updated weigh-in sheet that lists the missing competitor. You may then write that individual onto the existing weigh-in sheet.